Lab 2: Program for 2's and 3's
Daily Schedule

7:30-9:15 Arrival, Exploration, and Investigation (Goals- 1 to 38)

During this time, children will arrive and settle in for the day. They begin their learning during this free play time. This choice time gives the children an opportunity to engage and explore a variety of activities including: manipulation of small objects, discovery of cause and effect through science activities, and time to play and socialize with peers. You will see the children engaged in activities such as sensory play, using fine motor skills to button a doll dress, or using imaginary play to explore various roles people play in the world around them through dramatic play.

Teachers/staff are: greeting children and parents make sure all children wash hands before playing, engaging in play with children. Monday mornings get new toys out for week.

Teachers/staff are: setting table for snack, guiding children to wash hands.

9:15-9:45 Snack (Goals- 1-3, 7-10, 11-14, 20-24, 26, 28-31, 37, 38)

Snack is an important time to give children a break in their active day. During snack, children have a chance to learn about good nutrition and table manners. Snack time is also a time to develop social skills while eating and visiting with each other. Many fine motor skills are used during the snack period. After snack is finished, the children transition to child choice of play. Teachers/staff are: discussing days' events and/or snack foods, helping with cleaning up table, rolling cart to hallway.

9:45-10:40 Exploration, and Investigation *9:50 Diapering/Toileting* (Goals- 1 to 38)

The children have the opportunity to choose something to do in any area of the room. A small group/teacher directed activity is available as a choice at the table. This time of day offers a variety of learning opportunities and exploration. It is also a time of children learning more independence.

Teachers/staff are: diapering/toileting children, setting up table for small group activity, engaging children in different play centers in the room, taking observations.

10:40-10:45 Clean Up (Goals- 1-10, 12, 13, 21, 29, 32, 37 & 38)

Children learn how to be a part of the community in our classroom when they help each other clean up the room. They feel competent- "I can do this all by myself." Cleaning up the room establishes a sense of order for the room which creates peace.

Teachers/staff are: helping children put toys in appropriate spots, helping them to sit down for large group.

10:45-11:00 Large Group as developmentally appropriate
Music and Movement (Goals- 1-18, 20, 24, 29, 30, 34-38)

Large group activities help children to learn to follow directions. It is also beneficial for language development and turn taking. A variety of activities are used to help children develop these skills including songs, finger plays, stories, theme activities and games. Music and Movement teaches such concepts as time, rhythm, patterns, and rhyming.

Teachers/staff are: guiding activity for large group time, setting out cots in library area.

11:00-11:40 Outdoor time (Goals- 1-38)

When children participate in outdoor play, they have a time to extend their learning from the classroom to outside. Children might look for insects, observe changes in the season, or participate in large motor activities such as climbing, riding bikes, or playing ball. Small motor activities include: drawing, writing, stringing beads, picking up rocks or other objects. A prop box is located in storage room for small motor activities. Children wash their hands as they transition inside.

Teachers/staff are: engaging children in play, observations. When coming inside guide children to hand washing and to area to sit for next activity, cleaning table and setting up for lunch.

11:40-11:45 Wash Hands (Goals- 1, 3, 7-10, 22, 26, 29, 30, 37, 38)

Teachers/staff are: helping children wash hands for lunch, guiding children to chairs to sit on.

11:45-12:15 Lunch (Goals- 1-3, 7-10, 11-14, 20-24, 26, 28-31, 37, 38)

Teachers/staff are: sitting and eating with children, discussing meal and days activities

12:15-12:30 Quiet Activities *12:15-12:30 Diapering/Toileting* (Goals- 1-3, 4-10, 12, 16-18, 21, 24, 25, 29-32, 36-38)

Self selection of books.

Teachers/staff are: cleaning table and floor, rolling cart to hallway, assisting children to bathroom, diapering/toileting, assisting children to sit down with a book. Children may go to their cot if really sleepy.

12:45-2:45 Rest Time (Goals- 1-3, 17, 18, 29, 37)

Children will have time to rest, relax and refresh during this time. The children may not fall asleep, but each child is expected to rest quietly or look at books after resting some. *Diapering/Toileting occurs as children wake.* Then they move to quiet activities until snack.

Teachers/staff are: rubbing backs of children going to sleep, doing cleaning activity checklist, filling out diapering/toileting on daily communication sheet, writing observations on daily communication sheet if not completed, getting new toys or puzzles out and on Monday change sheets on cots. On Fridays send home blankets and pillows to be washed, diapering/toileting, guiding children to wash hands before snack.

2:30-3:15 Afternoon snack (Goals- 1-3, 7-10, 11-14, 20-24, 26, 28-31, 37, 38)

Snack is an important time to give children a break in their active day. During snack, children have a chance to learn about good nutrition and table manners. Snack time is also a time to develop social skills while eating and visiting with each other. Many fine motor skills are used during the snack period. After snack the children brush their teeth and learn about good dental hygiene. Each child has his/her own toothbrush that is replaced monthly.

After toothbrushing, the children transition to child choice of play.

Teachers/staff are: sitting with children discussing day's activities, assisting children in cleaning up of their area, cleaning table and floor, rolling cart to hallway

3:00-4:00 Exploration and Investigation (Goals 1-38)

The children have the opportunity to choose something to do in any area of the room. A small group/teacher directed activity is available as a choice at the table. This choice time gives the children an opportunity to engage and explore a variety of activities including: using their fine motor skills to manipulate small objects, discovery of cause and effect through science activities, and time to play and socialize with peers. You will see the children engages in activities such as sensory play or using imaginary/dramatic play to explore various roles people play in the world around them. Cozy areas and books are available for children in need of alone or quiet time as well.

Teachers/staff are: diapering/toileting children, setting up table for small group activity, engaging children in different play centers in the room, taking observations.

*****4:15-4:45 Atrium with Large Motor Activities when weather outside is unfavorable for outdoor play**

4:00-5:15 Outdoor Time (Goals- 1-38)

When children participate in outdoor play, they have a time to extend their learning from the classroom to outside. Children might look for insects, observe changes in the season, or participate in large motor activities such as climbing, riding bikes, or playing ball. Small motor activities include: drawing, writing, stringing beads, picking up rocks or other objects. A prop box is located in storage room for small motor activities. Children wash their hands as they transition inside.

Teachers/staff are: engaging children in play. Guide children to wash hands when going inside and guide them to literacy area.

4:30 ***Diapering/Toileting*** **(Goals- 1-3, 5, 6, 8-10, 11-13, 21, 24, 25, 29-32, 37, 38)**

Teachers/staff are: diapering/toileting, observing children in play and being aware of numbers of children present.

5:15-5:30 Room cleaned up, literacy activities until parents come (Goals- 1-18, 20, 21, 23, 24, 26, 28, 29-32, 37, 38)

Children learn how to be a part of the community in our classroom when they help each other clean up the room or the playground outside. They feel competent- "I can do this all by myself." Cleaning up the room establishes a sense of order for and creates peace.

Teachers/staff are: spraying room with disinfectant, reading to children or guiding children in working with puzzles. Saying good bye for the day.

9:15-9:30 Story time (Goals- 1-3, 8-10, 11-14, 15-18, 37, 38)

Children will develop their listening and attending skills as they listen to a story. We then prepare to transition to snack by washing hands.