

Child Care Palmer Friley S

Monday 1/5/2054	Tuesday 1/6/2054	Wednesday 1/7/2054	Thursday 1/8/2054	Friday 1/9/2054	Saturday 1/10/2054	Sunday 1/11/2054
Lunch						
Entrees						
M Grilled Chicken Breast (000006231 CBX) Plant-Based Chick'n Breast MA (000005908) Cornbread Muffin G (0000011190 CBX)	M Traditional Gyro Beef (000002614 CBX) Classic Hummus MA (0944500000 CBX) Wheat Pita Pocket G (1638900000) Feta Cheese M (0186700000 CBX)	G Spanish Rice (0000013720) Chicken Taco Meat M (0000013478) Black Beans MA (0000014120)	M Italian Meatballs (0000008732 CBX) Gardein Meatless Meatballs MA (0000005746 CBX) Whole Wheat Penne Pasta G (0000004610 CBX)	G Wheat Hamburger Bun (0458100000 CBX) Shredded Sweet BBQ Pork M (0000013071 CBX) BBQ Lentils with Shredded Carrots MA (0000014046)		
Sides and Vegetables						
V Peas and Carrots (0000006902 CBX) F Pineapple Tidbits (0059000000 CBX)	V Shredded Romaine Lettuce (0615600000 CBX) F Sliced Peaches (0129400000 CBX) V Diced Tomatoes (0555400000 CBX)	V Corn (0000006871 CBX) F Oranges (0004700000 CBX)	F Sliced Pears (0005000000 CBX) V Pasta Sauce (0000002627 CBX)	F Applesauce (0004500000 CBX) V Steamed Broccoli (0000000186 CBX)		
Condiments and Sauces						
	Tzatziki Sauce (0000011582 CBX)	Mild Cheddar Cheese (0151000000 CBX) Medium Salsa (0165700000 CBX)				
Beverages						
1% Milk (0372000000 CBX) Whole Milk (0337500000 CBX)	1% Milk (0372000000 CBX) Whole Milk (0337500000 CBX)	1% Milk (0372000000 CBX) Whole Milk (0337500000 CBX)	1% Milk (0372000000 CBX) Whole Milk (0337500000 CBX)	1% Milk (0372000000 CBX) Whole Milk (0337500000 CBX)		

Grilled Chicken

Gyro

Fiesta Rice Bowls

Pasta with Meatballs

Shredded Pork Sandwiches

Gyro Meat contributes 1.25 oz meat req. Serve with feta to cover the 1.5 oz req

M - Meat Component
 MA - Vegetarian Meat Alternate Component
 G - Grain Component
 F - Fruit Component
 V - Vegetable Component
 Highlighted Item = On FW Lunch Manu That Day

Child Care Palmer Friley S						
Monday 1/12/2054	Tuesday 1/13/2054	Wednesday 1/14/2054	Thursday 1/15/2054	Friday 1/16/2054	Saturday 1/17/2054	Sunday 1/18/2054
			Lunch			
			Entrees			
M Meatloaf (0000000240 CBX)	G Steamed Brown Rice (0092900921 CBX)	M/G Breaded Pollock Fillets (0000011097 CBX)	M/G Turkey & Cheddar Cheese Sandwich (0000013299)	G Whole Wheat Penne Pasta (0000004610 CBX)		
MA Miso Glazed Tofu (0000013788)	M Boneless Chicken Wings (0000013637)	100% Whole Wheat Bread G (1476600000)	Cheese Quesadilla MA/G (0000013589)	M Chicken Fajita Strips (0000012995 CBX)		
G Wheat Dinner Rolls (0360800000 CBX)	MA Veggie Nuggets (0000013512)	MA Scrambled Eggs (0000010480 CBX)		MA Crispy Baked Chickpeas (0000014079)		
	Sweet Sour Sauce 0000013679			House Alfredo Sauce (0000011656 CBX)		
			Sides and Vegetables			
V Green Beans (0000000280 CBX)	V Steamed Stir Fry Veg Blend (0000001555 CBX)	F Gala Apple (0887000000 CBX)	V Steamed Baby Carrots (0000012204 CBX)	F Sliced Pears (0005000000 CBX)		
F Cubed Cantaloupe (0449000000 CBX)	F Mandarin Oranges (0012200000 CBX)	V Sweet Potato Puffs (0000014111)	F Cubed Watermelon (0448900000 CBX)	V Green Peas (0000000187 CBX)		
			Beverages			
1% Milk (0372000000 CBX)	1% Milk (0372000000 CBX)	1% Milk (0372000000 CBX)	1% Milk (0372000000 CBX)	1% Milk (0372000000 CBX)		
Whole Milk (0337500000 CBX)	Whole Milk (0337500000 CBX)	Whole Milk (0337500000 CBX)	Whole Milk (0337500000 CBX)	Whole Milk (0337500000 CBX)		

Meatloaf

Sweet & Sour Chicken

Breaded Fish

Chilled Turkey Sandwich

Alfredo Pasta

Toast & Scrambled Eggs
for Veg Entree Only

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Child Care Palmer Friley S						
Monday 1/19/2054	Tuesday 1/20/2054	Wednesday 1/21/2054	Thursday 1/22/2054	Friday 1/23/2054	Saturday 1/24/2054	Sunday 1/25/2054
			Lunch			
			Entrees			
M/MA/G Cheese Pizza (0000013398)	M Popcorn Chicken (0000013803) MA Plant Based Rebellious Kickin Tenders 0000014196 G Wheat Dinner Rolls (0360800000 CBX)	G Wheat Hamburger Bun (0458100000 CBX) M/MA/G M BBQ Pork Rib Patty (0000005272 CBX) MA Baked Barbecue Tofu Fillets (0000014184)	Grilled Cheese Sandwich (0000001154 CBX)	G Wheat Hamburger Bun (0458100000 CBX) M Pulled Roasted Garlic Chicken (0000014141) MA Plant Based Rebellious Kickin Patty (0000014198)		
			Sides and Vegetables			
F Applesauce (0004500000 CBX) V Italian Mixed Vegetables (0000006819 CBX)	V Green Beans (0000000280 CBX) F Mashed Potatoes (0000012244 CBX) Tomato Catsup (0000500000 CBX) Barbeque Sauce	V Steamed Broccoli (0000000186 CBX) F Oranges (0004700000 CBX)	V Mixed Vegetables (0000000188 CBX) F Pineapple Tidbits (0059000000 CBX)	F Sliced Peaches (0129400000 CBX) V Potato Rounds (0000013598)		
			Condiments and Sauces			
				Barbeque Sauce (0053400000 CBX)		
			Beverages			
1% Milk (0372000000 CBX) Whole Milk (0337500000 CBX)	1% Milk (0372000000 CBX) Whole Milk (0337500000 CBX)	1% Milk (0372000000 CBX) Whole Milk (0337500000 CBX)	1% Milk (0372000000 CBX) Whole Milk (0337500000 CBX)	1% Milk (0372000000 CBX) Whole Milk (0337500000 CBX)		

Pizza Day

Popcorn Chicken Day

Rib Patty Sandwich

Grilled Cheese

Pulled Chicken Sandwich

You can serve two
vegs to cover fruit req

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Child Care Palmer Friley S						
Monday 1/26/2054	Tuesday 1/27/2054	Wednesday 1/28/2054	Thursday 1/29/2054	Friday 1/30/2054	Saturday 1/31/2054	Sunday 2/1/2054
Lunch						
Entrees						
G Whole Wheat Flour Tortilla (1102500000 CBX)	G Cinnamon Granola (062610000 CBX)	G Wheat Hamburger Bun (0458100000 CBX)	M Boneless Chicken Wings (0000013637)	M/G Breaded Pollock Fish Sticks (0000013973)		
M Beef Taco Meat (0588800150 CBX)	F Diced Strawberries (0000006542 CBX)	M Sloppy Joe (0000013539)	MA Veggie Nuggets (0000013512)	G Wheat Dinner Rolls (0360800000 CBX)		
MA Taco Tofu Crumbles (0000014034)	M/MA Vanilla Greek Yogurt (0158200000 CBX)	MA Lentil Sloppy Joe Filling (0000014032)	G Cornbread (0000005977 CBX)	MA Tofu Tenders (0000013761)		
Sides and Vegetables						
V Shredded Romaine Lettuce (0615600000 CBX)	V Sweet Potato Puffs (0000014111)	F Gala Apple (0887000000 CBX)	F Mandarin Oranges (0012200000 CBX)	V Green Beans (0000000280 CBX)		
F Cubed Cantaloupe (0449000000 CBX)		V Steamed Baby Carrots (0000012204 CBX)	V Green Peas (0000000187 CBX)	F Cubed Watermelon (0448900000 CBX)		
V Diced Tomatoes (0555400000 CBX)						
Condiments and Sauces						
Medium Salsa (0165700000 CBX)			Barbeque Sauce (0053400000 CBX)			
Beverages						
1% Milk (0372000000 CBX)	1% Milk (0372000000 CBX)	1% Milk (0372000000 CBX)	1% Milk (0372000000 CBX)	1% Milk (0372000000 CBX)		
Whole Milk (0337500000 CBX)	Whole Milk (0337500000 CBX)	Whole Milk (0337500000 CBX)	Whole Milk (0337500000 CBX)	Whole Milk (0337500000 CBX)		

Tacos

Yogurt Parfait

Sloppy Joes

BBQ Wings

Fish Sticks

Dinner Roll for Vegetarian Entree Only

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