

ISU Child Development Laboratory School Diaper Changing Procedure

1 Get Organized



To minimize contamination, **gather what you need before bringing child to area:**

- Fresh diaper
- Wipes (out of container)
- Gloves (recommended)

Other items that might be needed:

- Clean clothes
- Plastic bag for soiled items
- Dab of diaper cream on tissue

If possible, place these items near, but not on, changing surface.

2 Prepare



Put on disposable gloves, if gloves are being used.

Carry the baby to the changing table.



Remove child's clothes, shoes, and socks as needed.

Avoid contact with soiled items, and always keep a hand on the child.

Put soiled clothes in a plastic bag, close securely, for sending home.

3 Clean the Child



Unfasten the diaper, but **leave the soiled diaper under the child** (unless impossible to clean with soiled diaper under child, then place soiled diaper directly into covered, lined step can and a paper towel under child's bottom).

Use disposable wipes to clean the diaper area. Remove stool and urine from front to back and use a fresh wipe each time.

Put the soiled wipes into the soiled diaper or directly into covered-lined step can.

Note any skin problems such as redness.

4 Dispose of Diaper



Fold the diaper over with wipes inside and secure it with tabs.

If used, **remove gloves** inside out around diaper without touching the outside of the gloves.



Dispose of soiled diaper and gloves directly into covered, lined step can.

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Put a Clean Diaper on Child



Wipe your hands with a disposable wipe.

Wipe child's hands with a disposable wipe.

Slide fresh diaper under child.

Use tissue to apply needed diapering cream. Discard tissue in covered, lined step can.

Adjust and fasten the clean diaper and finish clothing child.



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Clean child's hands



Take child to sink. Hold child's hands and wash child's hands with soap and water using proper hand washing technique. Dry with a paper towel.

If child can stand, assist child as necessary to wash and dry their hands at the child washing sink using proper hand washing technique.

If you are unable to hold the child for hand washing and the child cannot stand at the sink, use a disposable wipe to clean the child's hands.

Return child to play area.

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Clean Table



Spray entire diapering area with soapy water. Wipe dry with a paper towel.

Spray entire diapering area with sanitizing solution (1 tablespoon household bleach to 1 quart of water mixed fresh daily).

Recommended practice is to allow the table to air dry or **wait for 2 minutes before wiping** to allow the solution to kill germs. However, if there is a delay of at least 10 seconds before the solution is wiped from the surface, this will be considered adequate. The surface cannot be sprayed and immediately wiped.

8

Wash Your Hands & Record on Log



Use soap and running warm water to wash your hands using proper hand washing technique.

Use a paper towel to turn off faucet.

If needed, use a hand lotion to prevent your hands from becoming dry and chapped.



Record diaper change and any concerns (such as loose stool or skin irritation).

Wipe table dry if still wet, before next change.